



# BC

[< Back to front page](#)

Text size  

BC

## BC launches recovery housing program for students overcoming addiction

Posted by Matt Rocheleau January 16, 2014 02:43 PM

3 9 0 0

Comments (0)

[E-mail story](#)

[Print story](#)

[Share](#)  Facebook  Twitter  Pinterest  Share  Share

By Matt Rocheleau, Boston.com Staff

Boston College said it has launched a recovery housing program for undergraduate students trying to overcome addiction to alcohol, drugs, and other substances or behaviors.

“The impact of alcohol and drug abuse, eating disorders and other addictive behavior on students and the campus community is a concern throughout higher education,” said a [statement](#) from BC residential life director George Arey. “With recovery housing, we are centralizing services, resources and other kinds of support for students who are in good academic standing yet find it difficult to function in a traditional university setting.”

There are five students in the program currently, the school said.

To join the program, students need to have received treatment for their addictions and need to have been accepted for reinstatement at the university, officials said.

Students in the program receive substance-free campus housing, various counseling and health-related services and other resources to aid their recovery.

The program, backed by donations from families, represents a “significant public acknowledgement” of addiction problems students can face, administrators said.

It is also in line with the Jesuit philosophy of cura personalis, or “care of the whole person,” university officials said.

“BC is bringing its values to bear on this issue,” said Arey. “Boston College believes strongly that we should not ‘lose’ students of promise to addiction-related problems, and instead do whatever we can to help them achieve their potential.”

Program manager, clinician Nicolas Sperry, said there are “striking” connections between the 12-step recovery program model and “Ignatian spirituality.”

“For example, Ignatius warns of ‘inordinate attachments,’ which can be construed as ‘addictions,’” he said in a statement. “The Jesuit emphasis on self-examination, meanwhile, corresponds to the personal-inventory process in recovery.”

“But perhaps the most significant connection is the Jesuit ideal of ‘men and women for others,’” he added. “Students who enroll in this program must carry their message to peers and others, and give back to the community that has supported them.”

### Connect with us

 Follow @YourCampusBC 303 followers

 Like

 repost

Republish this story

ADVERTISEMENT

### Campus News


- Babson
- Bentley
- Berklee
- Boston College
- Boston University
- Brandeis
- Emerson
- Harvard
- MIT
- Northeastern
- Simmons
- Suffolk
- Tufts
- UMass Boston
- Wellesley

### Recent blog posts

- [Charity bike-riding group gives \\$35k to MIT fund in memory of slain campus officer Sean Collier](#)
- [BU creates program to simultaneously earn doctoral degrees in law, medicine](#)
- [BC launches recovery housing program for students overcoming addiction](#)
- [Online college courses still popular, but rate of growth has slowed, says Babson study](#)
- [Emerson gallery to showcase art by BU, MassArt, MFA students](#)

ADVERTISEMENT

### Get Updates

 My Yahoo

 RSS Feed

- [Learn about RSS](#)

Program participants are not required to accept the on-campus housing offer, but they must meet one-on-one regularly with campus counseling staff and with Sperry, he said. The recovering students must also partake in community serve and help sponsor others with addiction problems.

“Our message to the students is, “This is a second chance, and we can provide the environment and support to help you succeed — but in the end it’s up to you,”” said Sperry. “Accountability is a big part of recovery from addiction, and is therefore crucial to this program.”

The university said the new program will help link together similar services already in place, including holding weekly Alcoholics Anonymous meetings for students and the general public, offering peer-facilitated support groups and staffing trained professionals in counseling and alcohol and drug education, the university said.

The BC Recovery Housing program was created through collaboration between several offices in BC’s Student Affairs division, including Residential Life, Health Promotions, Health Services, Alcohol and Drug Education and University Counseling, and the University Mission and Ministry division, officials said.

Matt Rocheleau can be reached at [matthew.rocheleau@globe.com](mailto:matthew.rocheleau@globe.com). Looking for more coverage of area colleges and universities? Go to our [Your Campus pages](#).

3 9 0 0

Comments (0)

E-mail story

Print story

Share Facebook Twitter Pinterest Google+ Share + Share

PREVIOUS STORY



Online college courses still popular, but rate of growth has slowed, says Babson study

FRONT PAGE

NEXT STORY

BU creates program to simultaneously earn doctoral degrees in law, medicine

RELATED CONTENT

Sponsored Content by Taboola



14 Benefits Most Seniors Didn't Know They Had Newsmax



If You Ever Want to Retire Look at This Chart Money Morning



7 Healthy Foods that Turned Out to Be Unhealthy My Diet



You Haven't Lived Until You Visit These 10 All-Inclusive Resorts TripCurator



Millennials are Drinking so Much Wine They're Changing How it's Sold Parade



Famous Child Stars of '50s, '60s, '70s Where Are They Now? AARP

FROM THE WEB

Heart Attack: How Your Body Warns You (Newsmax)

FROM BOSTON.COM AND PARTNER

Woman on flight from Florida becomes ill

**Days Before**

**Little Known Way to Pay Off Mortgage**

(Weekly Financial Solutions)

**4 Places You Should Avoid Using Your Credit Card**

(Bankrate)

**5 Foods You Should Never Eat Again**

(My Diet)

**Check Out the Surprising Car that Mark Zuckerberg Drives**

(Wall St. Cheat Sheet)

**and is pronounced dead at Logan**

**Airport** (Boston.com)

**Pierce Brosnan's daughter dies of ovarian cancer** (Boston.com)

**Student killed and 3 hurt in high school fight** (Boston.com)

**Married couple, infant twin sons found dead in Arlington** (Boston.com)

**Broncos' Wes Welker plans comeback route to Foxborough** (Boston.com)

Promoted Content by Taboola



**Be the first to comment below**

Oldest

Newest

Best

Please [log in](#) to comment.

[Home](#) | [Today's Globe](#) | [News](#) | [Business](#) | [Sports](#) | [Lifestyle](#) | [A&E](#) | [Things to Do](#) | [Travel](#) | [Cars](#) | [Jobs](#) | [Real Estate](#) | [Local Search](#)

[CONTACT BOSTON.COM](#) | [Help](#) | [Advertise](#) | [Work here](#) | [Privacy Policy](#) | [Your Ad Choices](#) | [Terms of Service](#) | [Newsletters](#) | [Mobile](#) | [RSS feeds](#) | [Sitemap](#)

[CONTACT THE BOSTON GLOBE](#) | [Subscribe](#) | [Manage your subscription](#) | [Advertise](#) | [Boston Globe Insiders](#) | [The Boston Globe Gallery](#) | © 2014 Boston Globe Media Partners, LLC