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ALLSTON BRIGHTON

## Medical practices opening in New Balance HQ hope to be part of future 'health, wellness' development

Posted by Matt Rocheleau August 21, 2012 03:03 PM

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By Matt Rocheleau, Town Correspondent

Two medical businesses plan to move into vacant office space inside the New Balance headquarters building in Brighton.

Officials from each of the businesses said they rented the space in part because of the shoe company's plans to develop a "health and wellness district" next door.

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## New Balance, new headquarter designs

and spine care, has signed a 10-year lease for 17,000 square-feet of office space on the second floor of the headquarters building at 20 Guest St.

The [Spaulding Outpatient Center Brighton](#) has relocated from its nearby rehabilitation facility on Washington Street to the New Balance complex, where the center opened Monday after signing a lease for up to 10 years for about

7,000 square feet of first floor space.

“We are thrilled to be joining this growing health and wellness district near New Balance and other leaders in health and fitness,” said a statement from Denise Frost, clinic manager at Spaulding Brighton. “It will allow patients improved access to the specialized care we have delivered for over 15 years to Brighton and greater Boston.”

New Balance is [moving to build](#) a new headquarters, sports complex, hotel, commuter rail station, offices, shops and restaurants on adjacent property. The athletic apparel company has said it hopes to start work on its development as soon as this fall and complete the six-phase, 1.45 million square foot project by 2017.

Leaders of ProSports are also excited about moving next door to New Balance’s proposed development.

“We executed this engagement with the vision that we will be a great part of the proposed wellness community,” said Dr. Dean P. McElwain, president of Peak Health Consultants Inc., a consulting firm that worked with ProSports to sign its new lease. “Our involvement demonstrates our enthusiasm and confidence that the proposed community will be of significant service and value to the city and beyond.”

The practice expects to open its new center in Brighton in late October or early November, McElwain said. He said it will be an expansion of two other ProSports locations in Brookline and Cambridge.

The new space will incorporate a ProSports Spine Solutions division that will include pain management, neurosurgical and orthopedic surgical spinal care



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include pain management, neurosurgical and orthopedic surgical spinal care, he said. Additionally, the center will feature a state of the art physical therapy clinic operated by Peak Health.

The new Spaulding Brighton is slightly larger than its old space, allowing the center to expand its physical therapy services, including spine care and conditioning, sports injury management, and women's health and fitness.

A member of the [Spaulding Rehabilitation Network](#), the center will serve as a clinical education center for future therapists. The new site will also host lectures and workshops to promote community awareness and education in musculoskeletal health and fitness.

St. Elizabeth's Medical Center, which owns the property on Washington Street that Spaulding Brighton used to rent, may use that space for its own purposes, officials said at a recent Brighton Allston Improvement Association meeting.

Spaulding Brighton will keep its phone number, 617-562-0585. For more information, call that number or visit [www.spauldingnetwork.org](http://www.spauldingnetwork.org).

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