Preferably, he said, "I would want to take part in a fun, social or friendly-but-competitive event for a good cause." And, he said he believes many of his peers feel the same.

To help plan and host its charitable events, the initiative has partnered with Social Boston Sports, a four-year-old company that organizes sports leagues, social events, and weekend trips in and around Boston.

Doing it 4 the KIDS will launch at its inaugural event, a golf tournament with quirky contests such as the "Happy Gilmore Shot" – who can hit the longest drive using a hockey stick. The tournament will be held Sunday at the Sandwich Hollows Golf Club, where Wakstein first brainstormed the idea for the organization during a round of golf in June.

Event sponsors include some well-recognized area organizations: Modell's Sporting Goods, Narragansett Brewing Company, The Boston Red Sox, and

Kiss 108 FM, organizers said.

"From the moment Tyler and I had an idea of what we wanted to create, we knew we could engage the right partner, but even we didn't anticipate the incredibly generous and immediate support we received from sponsors that have donated resources to make this event a success," Barry said in a release from the Boys and Girls Clubs of Boston.

The program is run by a staff of six volunteers, including Wakstein and Barry, who each graduated from Johnson and Wales University in Providence and now work full-time jobs in the Boston area alongside their roles as Doing it 4 the KIDS co-founders.

"It's something that's catchy, fun and important," Wakstein said. "It's really investing in our future."

"We kind of take a big brother mentality," he added. "We realized that we want kids to have these same opportunities to be active and successful that we've had. The idea that we can change a young person's life for the better is what inspires us."

The initiative hopes to eventually expand into a program that provides coaching clinics, mentorship programs, and experiential opportunities to Boys and Girls Clubs of Boston members. And, Wakstein said he envisions the organization will expand to other markets across the country.

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